

OUTER SPACE BEDTIME RACE

OUT-OF-THIS-WORLD OUTER SPACE FINGER PLAYS, SONGS, AND POEMS

FINGER PLAY

OUTER SPACE BEDTIME RACE

by Rob Sanders

“Good night! Good night!” the children call

(Cup hands around mouth)

While spinning on their earthly ball.

(Circle one index finger around the other)

They pull their covers way up tight

(Pull both fists up under chin)

and turn off every bedside light.

(Reach out right hand and “pull” the light switch)

Tucked safely in their comfy beds,

(Stretch as if yawning)

they’re not the only sleepyheads.

(Shake right index finger to say “no”)

In outer space, it’s bedtime, too.

(Use right index finger to point to the sky)

The aliens need sleep like you.

(Put hands together, next to cheek as if sleeping)

SONGS

ALL THE PLANETS

(To the tune of “Ten Little Indians”)

One planet, two planets, three planets orbiting,
Four planets, five planets, six planets orbiting,
Seven planets, eight planets, and wee Pluto,
Orbiting 'round the Sun.

Mercury, Venus, and the Earth,
Mars, Jupiter, and Saturn
Uranus, Neptune, and wee Pluto
Orbiting 'round the Sun.

TWINKLE TWINKLE GALAXY

(To the tune of: “Twinkle, Twinkle, Little Star”)

Twinkle, twinkle, little star,
Way up high, and oh so far.
In the sky, a teeny dot.
Glowing gas that's oh so hot!
Twinkle, twinkle, little star,
Way up high, and oh so far.

Beaming, glowing, gleaming moon,
Like a giant white balloon.
Round and round the Earth you spin,
Sometimes full and sometimes thin.
Beaming, glowing, gleaming moon,
Like a giant white balloon.

Dazzling, brilliant, red-hot sun,
Shining light on everyone.
Up above our atmosphere.
Earth goes round you once a year.
Dazzling, brilliant, red-hot sun,
Shining light on everyone.

POEMS

ALL THE PLANETS

Mercury, Venus, Earth and Mars
Look! There's Jupiter! See the stars?
Saturn, Uranus, Neptune spin
Way up where the atmosphere's thin.

JUMP ABOARD OUR ROCKET SHIP

Come jump aboard our rocket ship
and join this outerspace-y trip.
Buckle up! It's countdown time.
Into space we'll climb, climb, climb!
10, 9, 8, 7 . .
6, 5, 4, 3 . . .
2, 1—BLASTOFF! *We-e-e-e-e!*

Our rocket ship zigzags and sways.
I think I see the Milky Way!
We zip by asteroids and stars,
the moon and Jupiter and Mars.
We soar in zero gravity
And float about, completely free!

GRAVITY

The planets in our galaxy,
are brightly dotted stars we see.
Arranged in order one by one,
each orbiting the glowing Sun.
And while the earth spins 'round and 'round,
the people all stay on the ground.
The gravity keeps us in place,
as Earth moves through the deep, dark space.